

How To Properly Remove PPE



Without touching your skin, pinch and pull your first glove at the wrist.



Pull the glove away from your hand, turning it inside out



Hold the removed glove in the palm of your protected hand.



Place your fingers against the inside of your wrist under the remaining glove.



Peel the glove off your hand, turning it inside out. This will contain the first glove.



Always dispose of used gloves and wash your hands thoroughly after removing.